

Early Years PE Curriculum Coverage and Progression

EYFS	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
	Outside area Bikes Stilts Stepping stones Sandpit Mud Kitchen Funky Finger activities Playdough activities Sandpit Mud Kitchen	Outside area Bikes Stilts Stepping stones Sandpit Mud Kitchen PE lessons Multi-skills Spanish Flamenco Dance Daily handwriting Funky Finger activities Focus on strengthening pencil grip	Outside area Bikes Stilts Stepping stones Sandpit Mud Kitchen PE lessons Ball skills Gymnastics- Mats and Benches Chinese New Year topic- Dragon and fan dance, plate painting Funky Finger activities Daily handwriting	Outside area Bikes Stilts Stepping stones Sandpit Mud Kitchen PE lessons Multiskills Funky Finger activities Daily handwriting	Outside area Bikes Stilts Stepping stones Sandpit Mud Kitchen PE lessons Ball Skills Funky Finger activities Daily handwriting	Outside area Bikes Stilts Stepping stones Sandpit Mud Kitchen PE lessons Multiskills Sports Day Funky Finger activities Daily handwriting
ELG						
Gross Motor Skills						
Negotiate space and obstacles safely, with consideration for themselves and others.						
Demonstrate strength, balance and coordination when playing.						
Move energetically such as running, jumping, dancing, hopping, skipping and climbing.						
Fine Motor Skills						
Hold a pencil effectively in preparation for fluent writing- using the tripod grip in almost all cases.						
Use a range of small tools, including scissors, paintbrushes and cutlery.						
Begin to show accuracy when drawing.						

KS1 PE Curriculum Coverage and Progression

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Lower Key Stage 2 PE Curriculum Coverage and Progression

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Upper Key Stage 2 PE Curriculum Coverage and Progression

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